

Santa Cruz Sufi Camp, Aug 17-19 2018:

Camp schedule as of 6/23/18 - subject to change.

(Home page & registration at SantaCruzSufiCamp.org)

FRIDAY

8:00 am Happy Valley grounds open

9:30 am Registration opens

10:30 am Sufi Sesshin with Pir Shabda & Jilani

12:30 pm Picnic lunch

1:30 pm Laughter Yoga

1:30 pm Walks of Awakened Beings with Gitanjali (first part of Sacred Theater class but all are welcome)

2:15 pm Sufi Sesshin with Pir Shabda & Jilani

5:30 pm Dinner

7:30 pm Dances of Universal Peace - Pir Shabda & local Dance leaders

10:00 pm Late Night Zikr with Caravan El Noor

SATURDAY

7:00 am Raga with Pir Shabda

Open your heart and your voice! Pir Shabda, an accomplished singer in the ancient Raga tradition of Indian Sufism, will lead a class that works for beginners and others in singing this deeply devotional musical form.

8:00 am Move as One! with Kimball

A fusion of energizing, expanding, easy movements from the disciplines of T'ai Ji, pilates, yoga and bodyweight resistance, several breath practices will be included.

8:30 am Breakfast

9:30 am All Camp Class with Pir Shabda

12:30pm Lunch

1:30 pm Laughter Yoga

2:00-3:30 pm First breakout session

1) Liberating Life Energy: Join Vanessa Hafiza and friends in the Dances of Universal Peace
Focusing on nature, balance, and the elements.

2) Sacred Theater with Gitanjali and Karima

Theatre has been used as a means to explain the human condition for centuries. As we attune ourselves to other characters, we develop empathy and a greater understanding of ourselves and others. In this two part class, we will focus on the walks of Awakened Beings (Friday at 1:30 pm) and on a play by Hazrat Inayat Khan, UNA (Saturday at 2 pm). This play explores the concept of the God Ideal. We will read, discuss, and hopefully present a Reader's Theater (non-memorized) version of the play to our fellow campers. No previous acting experience is necessary. All are welcome to come play and explore.

3:45-5:15 pm Second breakout session

1) Five Keys to Being a Blessing w/ Sheikha Jilani

Description: Magnify your transmission with DUP, walks, teachings from the Bestowal of Blessings, and visualization.

2) Crystal Bowl Sound Journey with Kim Malloy

Bring a pad, pillow, blanket and/or sleeping bag - whatever will make you comfortable lying on the ground for an hour.

5:30 pm Dinner

7:30-9:30 pm Zikr with Pir Shabda & Jilani

9:45-midnight Community Talent Sharing hosted by David

SUNDAY

7:00 am Raga with Pir Shabda (Description above)

8:00 am Move as One! with Kimball

8:30 am Breakfast

9:30 am Checkout time for cabins.

9:30 am All Camp Class with Pir Shabda

12:30 pm Lunch

1:30 pm Bath house for campers closes.

2:00-4:00 pm Sufi Sesshin with Pir Shabda & Jilani

4:00-5:00pm Clean-Up: Please help us with the main hall!

5:00pm Everyone must be off grounds. Camp Officially Over (continues unofficially in our Hearts forever)

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